

HEAR THESE EXPERTS • ASK THEM QUESTIONS • MEET OTHER FM/CFS PATIENTS • VISIT WITH SPONSORS • ATTEND THE RECEPTION

**Suffer In Silence No More**

**Patient & Healthcare Provider Conference**

Fibromyalgia and CFS patients and guests will assemble in the Doubletree Hotel Ballroom. Healthcare providers will convene in the Overland Park room for CEUs.

**Don't miss this exciting event!!**

**CHECK-IN BEGINS AT 11:45 A.M. FRIDAY, MAY 13**



**Friday, 1:15-2:30 pm (patients); 3:15-4:30 (providers) *Chemical Cuisine – Do you REALLY know what you're eating?***

**Gloria Gilbère, ND, DA Hom, PhD** will reveal how chemicals that are *legally* hidden in our food are causing illnesses at alarming rates – including fibromyalgia, chronic fatigue, and cognitive and digestive disorders.

She will share with you the benefit of her 30+ years of research, clinical observations and success stories of how changing what you eat can change your life by employing nutrition-based medicine, *naturally*. Dr. Gilbère lectures worldwide, consulting in nutritional biochemistry, detoxification, environmental health, nutrition, and lifestyle modifications.

**Friday, 3:15-4:30 pm (patients); 1:15-2:30 (providers) *New Found Connections to Fibromyalgia & Chronic Fatigue***



**Steven Hines, ND, NE** has identified some underlying causes of fibromyalgia and chronic fatigue that no one else is catching and will give detailed explanations of what he is finding. He specializes in allergies, cancer, gastrointestinal issues, hormonal imbalances, lupus, as well as fibromyalgia, chronic fatigue and Lyme disease. He will explain why these illnesses are a whole body issue rather than an isolated problem. He has more than 12,000 hours of training in nutritional biochemistry, anatomy and physiology.



**Saturday, 9:00-10:15 am (patients); 10:45-12:00 (providers) *The Forgotten Hormones***

**Jane Murray, MD** When we hear the word "hormone" we usually think of estrogen, or progesterone, or maybe testosterone. But people struggling with fibromyalgia and their providers need to be aware of the impact

of the adrenal, thyroid and vitamin D (yes, it's a hormone!) on their pain levels and functional capacity. Dr. Murray will discuss new thinking about subtle thyroid dysfunction, adrenal imbalance and vitamin D deficiency.

**Saturday, 10:45 am-12:00 (patients); 1:30 to 2:45 pm (providers) *Keys to Success in Unleashing Your Natural Healing Potential***



**Nancy Russell, MD** will discuss a natural approach to solving the puzzle of Fibro and CFS including how she assesses the systems of the human body to identify what is the probable cause of health issues and how best to correct them. Dr. Russell is board certified in Holistic Medicine and a founding diplomat of the American Board of Holistic Medicine. She served two four-year terms on the Missouri State Board for the Healing Arts.



**Saturday, 1:30-2:45 pm (patients); 3:15-4:30 pm (providers) *The Foundations of Health***

**Alain Salas, DC** will focus on underlying physical and emotional stresses that often manifest as acute pain and fatigue. He will discuss the treatments he uses to bring relief from yeast overgrowth, sinus infections and food allergies which have been shown to help in relieving fibromyalgia and chronic fatigue symptoms. He will explain how your body can function more efficiently when the nerves that may be associated with painful or debilitating conditions are allowed to reset or repair so the body can heal itself.

**Saturday, 3:15-4:30pm (patients); 9:00-10:15 am (providers) *How Naturopathic Medicine Can Partner with Conventional Medicine In the Treatment of Fibromyalgia & Chronic Fatigue Syndrome***



**Lori Blankinship, ND** will explain how naturopathic and conventional doctors are alike and how they are different. She will talk about addressing the environmental, lifestyle, attitudinal and emotional aspects of disease and explain how naturopathic doctors treat the cause of a disease using natural, non-invasive therapies that have been proven through clinical trials and empirical data to be safe and effective.

**Friday, 6:00-8:30 Reception, Awards & Personal Stories** including **Dr. Dilys Gannon-Bone** who was threatened with the end of her life if she did not do something about her health and now, 15 years later, is more vibrant than ever.



**Fibromyalgia Alternative News**

Non-members who register for this conference will receive all FCI member benefits including four issues of *FAN* magazine, a list of healthcare providers and access to our free monthly TeleSeminars!!!

**COMMENTS FROM FCI CONFERENCE ATTENDEES**

"I learned more here than from my doctor or the Mayo Clinic... I want to bring my son and daughter next time. Thank you so much for all the information!" ~ Judith S.

"The conference was amazing! I learn something new every year. Thank you for all your hard work." ~ Connie P.

"Thanks so much for the conference and access to all the information provided through speakers and sponsors. I truly appreciate all the support, kindness, and willingness to share. I also appreciate all the time, work and effort of your organization. God's blessings!" ~ Loleta D.

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877-767-7476  
[www.spirostat.com](http://www.spirostat.com)

**PATIENT & GUEST REGISTRATION FORM**  
(Healthcare Providers Registration On Back)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Date \_\_\_\_\_

E-mail \_\_\_\_\_

**FCI MEMBERS**

**Early-Bird Registration before April 7, 2011**

Number of people \_\_\_\_\_ x \$79.00 = \$ \_\_\_\_\_

**Registration after April 7**

Number of people \_\_\_\_\_ x \$99.00 = \$ \_\_\_\_\_

Guest Name \_\_\_\_\_

Guest Name \_\_\_\_\_

**Reception Only Guest/s** \_\_\_\_\_ x \$25.00 = \$ \_\_\_\_\_

Guest Name \_\_\_\_\_

Guest Name \_\_\_\_\_

**Membership or Renewal** \$35.00 = \$ \_\_\_\_\_

**NON-MEMBERS (Includes 4 issues of FAN magazine)**

**Early-Bird Registration before April 7, 2011**

Number of Non-members \_\_\_\_\_ x \$114.00 = \$ \_\_\_\_\_

**Registration after April 7**

Number Non-members \_\_\_\_\_ x \$134.00 = \$ \_\_\_\_\_

Guest Name \_\_\_\_\_

Guest Name \_\_\_\_\_

**Reception Only Guest/s** \_\_\_\_\_ x \$25.00 = \$ \_\_\_\_\_

Guest Name \_\_\_\_\_

Guest Name \_\_\_\_\_

**Gift Membership** \_\_\_\_\_ x \$ 35.00 = \$ \_\_\_\_\_

Name & Address: \_\_\_\_\_

\_\_\_\_\_

**MEALS (Please enter number of meal reservations)**

\_\_\_ Reception Fri. \_\_\_ Lunch Sat.

**PAYMENT METHOD**

**GRAND TOTAL \$** \_\_\_\_\_

\_\_\_ Enclosed is my check or money order payable to:  
**Fibromyalgia Coalition International**

\_\_\_ Please charge my Visa/MasterCard or Discover

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**Expiration date** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Verification #** \_\_\_\_\_



**Signature** \_\_\_\_\_

**HEALTHCARE PROVIDER REGISTRATION FORM**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Date \_\_\_\_\_  
E-mail \_\_\_\_\_

**FCI OR FCPA MEMBER PROVIDER**

I'm a  Chiropractor  RN  LPN  NP  
Other \_\_\_\_\_  
Lic. # \_\_\_\_\_

**Early-Bird Registration before April 7, 2011**

Number of providers \_\_\_\_\_ x \$99.00 = \$ \_\_\_\_\_  
Non-provider guests \_\_\_\_\_ x \$79.00 = \$ \_\_\_\_\_  
Guest Name \_\_\_\_\_

**Registration after April 7**

Number of providers \_\_\_\_\_ x \$119.00 = \$ \_\_\_\_\_  
Non-provider guests \_\_\_\_\_ x \$99.00 = \$ \_\_\_\_\_  
Guest Name \_\_\_\_\_

**Reception Only Guests** \_\_\_\_\_ x \$25.00 = \$ \_\_\_\_\_  
Guest Name \_\_\_\_\_

**FCI Member Renewal** \_\_\_\_\_ x \$35.00 = \$ \_\_\_\_\_

**FCPA Member Renewal\*** \_\_\_\_\_ x \$68.00 = \$ \_\_\_\_\_

**NON-MEMBER PROVIDER (Includes 4 issues of FAN)**

**Early-Bird Registration before April 7, 2011**

Number Non-members \_\_\_\_\_ x \$134.00 = \$ \_\_\_\_\_  
Non-provider Guest \_\_\_\_\_ x \$79.00 = \$ \_\_\_\_\_

**Registration after April 7**

Number Non-members \_\_\_\_\_ x \$154.00 = \$ \_\_\_\_\_  
Non-provider guests \_\_\_\_\_ x \$99.00 = \$ \_\_\_\_\_  
Guest Name \_\_\_\_\_

**Reception Only Guests** \_\_\_\_\_ x \$25.00 = \$ \_\_\_\_\_  
Guest Name \_\_\_\_\_

**Gift FCI Membership** \_\_\_\_\_ x \$35.00 = \$ \_\_\_\_\_  
Name & Address \_\_\_\_\_

**PRACTITIONER'S ALLIANCE MEMBERSHIP**

**\*FCPA (Professional) Membership**

Includes a listing on the FCI Website plus literature and FAN magazine for your office. \$68.00/year or \$130/2 years \$ \_\_\_\_\_

**GRAND TOTAL**

Please enter number of meals and payment method on the opposite side, clip and mail or fax both sides. **GRAND TOTAL \$** \_\_\_\_\_



**MAIL, FAX, OR REGISTER ONLINE**

**Fibromyalgia Coalition International**  
5201 Johnson Dr., Ste. 210  
Mission, KS 66205-2920  
Fax: 913-384-8998  
www.fibrocoalition.org

**CONFERENCE INFORMATION**

**Don't miss this outstanding event that can change your life!**

Hear presentations on the latest research and successful treatment options from a prestigious lineup of Fibromyalgia/CFS experts!

Registration includes all sessions, reception on Friday evening, and lunch on Saturday; however you must check the meals you want on your Registration Form so the hotel can prepare your meals. (Please note any dietary restrictions when registering.)

Complete the Conference Registration Form, clip and mail to FCI now or register online while it's fresh on your mind! Early bird deadline is April 7, 2011.

Please check in at the FCI registration table and pick up your Welcome Packet, name tag, and other pertinent information. Check-in begins at 11:45 am on Friday, May 13. Meal tickets must be picked up at the FCI registration table before each meal.

**FCI holds no responsibility in the event of personal losses including injuries, illness, or accident.**

**ROOM RESERVATIONS & TRANSPORTATION**

The DoubleTree is one of the premier hotels in the Kansas City area, conveniently located near Hwy 69 & I-435 in Overland Park, Kansas. Room rates include complimentary breakfast in the Trofi Restaurant. In order to receive the special rate of \$77 per night, reservations must be made by **April 15, 2011**. Call **1-800-445-8667** and ask for the Fibromyalgia Coalition special group rate or reserve your room at [www.fibrocoalition.org/conference](http://www.fibrocoalition.org/conference). FCI's block of rooms is limited, so make your reservations now.

Limo service is available from Kansas City International Airport to the Doubletree for \$59 plus gratuity. Visit [www.classiclimo.com](http://www.classiclimo.com) or call **1-913-685-3332**. (Advance reservations required.) Shuttle Service is \$39 each way. Taxi service is \$60-\$65 each way.

**CANNOT ATTEND THE CONFERENCE?**

You can still get the FAN magazine and all other FCI member benefits. Just complete the top portion of the Registration Form on the opposite side and remit \$35 for a year (or \$60 for two years) to FCI or join at [www.fibrocoalition.org](http://www.fibrocoalition.org).

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**"Suffer In Silence No More"**  
This year's conference features a variety of educational presentations, question and answer sessions, and the latest research findings, as well as access to top fibromyalgia/CFS experts!



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**PROUDLY PRESENTS**  
The 11<sup>th</sup> Annual Conference

**Fibromyalgia and  
Chronic Fatigue  
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**SUFFER IN SILENCE  
NO MORE**

**Friday, May 13 and  
Saturday, May 14, 2011**

**DOUBLETREE HOTEL**  
10100 COLLEGE BLVD  
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